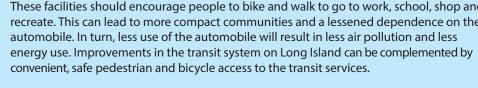


There are many existing bicycle and walking opportunities throughout Long Island and additional facilities are in the process of being built, designed, and planned. This map indicates which facilities are open today and those that should be available in the future.

Although the map does not feature all the facilities available within local and Long Island state parks or all local communities, it does feature facilities that currently link or will link the various communities on Long Island.

NYSDOT strongly supports alternative transportation modes to help make the most efficient use of our transportation system. Walking and bicycling are means of transportation that are energy efficient, generate no air pollution, and provide the health benefits of exercise and are especially conducive to smart growth communities that feature mixed land uses in a compact area. It is for these reasons that NYSDOT, the metropolitan planning organizations (MPO), local governments and other agencies and organizations are creating an extensive network of bicycle and pedestrian facilities. These range from sidewalks in cities and villages to roadway shoulders for walking and cycling in rural areas, to regional trailways, constructed

These facilities should encourage people to bike and walk to go to work, school, shop and recreate. This can lead to more compact communities and a lessened dependence on the





icycling is a viable form of ransportation that can be used for commuting to work or school, running errands and for recreation.

Bicycling improves health and can give a sense of independence something that is difficult when inside a car. Bicycling is economically efficient, saving the bicycle commuter significantly on fuel costs, wear and tear and municipal parking

Bicycling enhances our ability to experience and interact with

NYSDOT sponsors free marketing and other services through

511 NY Rideshare to help employers promote bicycling to their

Bicycle sharing is a service in which bicycles are made available

for shared use to individuals on a short term basis for a price or

free. Many bike share systems allow people to borrow a bike

from a "dock" and return it at another dock belonging to the

only release it by computer control. The user enters payment

the bike by placing it in the dock, which locks it in place.

same system. Docks are special bike racks that lock the bike, and

information, and the computer unlocks a bike. The user returns

the vibrancy of our neighborhoods, villages and towns,

Bike to Work

Bicycle Sharing

bicycle leaves a prescribed zone. Bicycle share stations are currently located in the Villages of Bicycling is a renewable, non-polluting form of transportation. Bicycling reduces the consumption of fossil fuels, alleviates Babylon, Patchogue and Southampton, as well as Hampton traffic congestion, and improves the region's air quality. Roughly Bays, the City of Long Beach and the State University of New eight bicycles occupy the parking space of a single vehicle. York at Stony Brook. The location of bicycle share stations is

Types of Bikeways and Trailways

Bikeways and trailways are divided into three general categories

indicated on the reverse side of this map.

Trailways or Shared-Use Paths are completely separated from vehicular traffic and within an independent right-of-way or the right-of-way of another facility. There may be occasional at-grade crossings of roads by the trailway. Non-motorized shared-use paths such as rail-trails, greenways, shared by both bicyclists, pedestrians and other users are also included in this

A growing number of bike share systems are dockless. Dockless

bikes are located and unlocked via a smart phone app once the

user registers with a credit card. Users must leave their bikes at

Dockless bike sharing utilizes GPS technology which tracks the

an appropriate location such as a bike rack or sidewalk.

location of the bicycle. Extra fees could be assessed if the

category. Future facilities are planned and will be built as resources permit. A number of property right-of-ways exist, such as, parkways and utility corridors, which can be developed into shared-use paths.

travel. They are marked with signage, striping and bike symbol stencils at specified intervals. No parking is permitted in a bike lane. bicycle lane can be designated with two parallel solid striped lines and bicycle lane stencils where there is sufficient width to

Bike Lanes are travel lanes reserved exclusively for bicycle

permit the bike lane and parking lane to exist side by side, the bike lane is offset from the parking lane. The recommended width of a bike lane is 5' although a minimum 4' width is

A bike lane may also be designated by utilizing a paved striped shoulder along the side of a roadway. The shoulder must not be narrower than 4' in width.

Bike Routes - Bicycles often share travel lanes with motor vehicles. Share the roadway - highway shoulder and bike routes are designated by signing. Highway shoulders are the most common form of bicycle route provisions. By law, all roads are open to bicyclists, except where specifically prohibited such as Interstates, parkways, some arterial highways, etc. Motorists, bicyclists, in-line skaters and pedestrians are required by law to share the travel way on all roads except where they are

State Bicycle Routes are provided primarily for transportation purposes, and are intended for experienced adult bicyclists who are capable of sharing the road with motorized traffic. Significant portions of State bicycle routes may not be suitable for children or inexperienced bicyclists due to the speed and volume of traffic generally encountered on most state highways. It is recommended that inexperienced adult bicyclists, families and children utilize the region's bike paths, trailways and lower volume, lower speed, bicycle routes or roadways. A State designated bike route is signed with a bike route number that generally corresponds with the number of the state highway route it follows. However, in the more heavily developed areas of Nassau County and western Suffolk County where many State roads are high volume roads and lack an adequate shoulder pavement, the State designated bike routes are located on a County or Town road where road conditions are more suitable for cycling. The County or Town have the responsibility of maintaining their roads where the State bike route is located.

Over time as State bike routes and other related transportation facilities are rehabilitated or reconstructed, various types of bikeways (wide shoulders, bike lanes, wide travel lanes, alternate routing, shared-use paths, etc.) will be developed by NYSDOT in consultation with local governments and interested parties. In some cases both on-road and off-road parallel bicycle/pedestrian facilities may be built to meet the demands and range of users. The map indicates existing open, planned, and proposed future bike routes.

Mountain Bike Trails - Mountain biking is an activity that involves riding bicycles off road over rough terrain. Mountain bikes are designed for durability and performance on such rough terrain. They are built with wide, knobby tires and a large round frame. There are ample opportunities to mountain bike on Long Island in various State and County Parks throughout Nassau and Suffolk Counties. Locations where mountain biking is permitted are shown on this map. More detailed mountain

biking trail maps can be found at http://www.climbonline.org. A New York State Department of Conservation (NYSDEC) permit is required for mountain biking on NYSDEC properties at Calverton, Eastport and Rocky Point. The permit can be obtained by contacting the New York State Department of Environmental Conservation by calling (631) 444-0355 for a permit application, writing New York State Department of Environmental Conservation, SUNY Stony Brook, 50 Circle Road, SUNY Stony Brook 11790-2356 or by going to http:/www.climbonline.org/pdf/decpermit.pdf.

Major Hiking Trails - There are hiking trails throughout Long Island. Information on hiking opportunities on Long Island may be obtained by contacting the Long Island Greenbelt Trail Conference; the New York State Office of Parks, Recreation and Historic Preservation, the New York State Department of Environmental Conservation, the Nassau County Parks, Recreation & Museums Department and the Suffolk County Department of Parks. Some hiking trails require permits to access. Hiking on property managed by the New York State Department of Environmental Conservation requires a permit which may be obtained by calling (631) 444-0355 for a permit or writing to the New York State Department of Environmental Conservation, SUNY Stony Brook, 50 Circle Road, SUNY Stony Brook 11790-2356.

The following are descriptions of major hiking trails on Long

Paumanok Path - The Paumanok Path is a 125 mile hiking trail from the Rocky Point National Resources Management Area to Montauk Point State Park. It travels through the heart of Long Islands Pine Barrens and continues on to the South Fork traversing woodlands, ponds, wetlands, beaches, glacial moraines, bluffs and moorlands. Its winding path is completed at lands end, at the Montauk Point State Park lighthouse. Although complete throughout the Towns of Brookhaven, Riverhead and East Hampton, there are some incomplete sections of the path within the Town of Southampton.

Long Island Greenbelt Trail - The Long Island Greenbelt Trail is a designated National Recreation Trail. Opened in 1978 and 32 miles long, the Greenbelt Trail passes through some 12,000 acres of open land, including four state parks, and numerous county and town properties. The Long Island Greenbelt Trail features both sandy beaches on the Great South Bay, and the bluffs overlooking Long Island Sound where hikers will find unspoiled



pine barrens, upland hardwood forests, and the hills of the Ronkonkoma Moraine.

Nassau-Suffolk Greenbelt Trail - The Nassau-Suffolk Greenbelt Trail runs 20 miles between Cold Spring Harbor State Park and the Massapequa Preserve. The trail is surprisingly diverse with challenging ups and downs through the wooded hills on the north to the ponds and streams near its south end. A parallel trail for mountain bikers runs through the Stillwell Preserve in Woodburv.

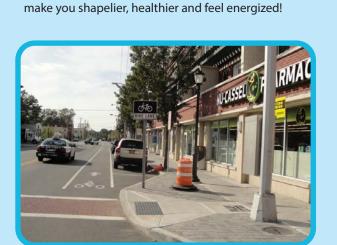
Walt Whitman Trail - The Walt Whitman Trail is a 3.7 mile loop trail in wooded West Hills County Park which traverses the 401 foot high Jayne Hill, the highest point on Long Island.

For more information on these trails, trail maps, or to volunteer to help conserve and improve Long Island's trails, or to report problems contact:



Try bicycling, even if it's just once a week, it could

on Long Island, and the tools needed to help make your excursions easier to plan, and safer too.



NEW YORK | Department of **Transportation**

Regional System of Bike Routes

State highways link the region's activity centers and destinations. The same places to which people want to travel in their cars are often the same places to which bicyclists want to travel. The most cost-effective and efficient strategy to make our roads bicycle and pedestrian friendly is to provide 4' to 8' wide shoulders on state highways incrementally over time.

NYSDOT's bicycle route designation policy requires that whenever capital improvement work is planned for the state highway or other roadway designated as a bicycle route, either wide shoulders, wide outside travel lanes, bike lanes, bike paths or alternative routing must be considered depending on the roadway environment,

opportunities and constraints. Bicycle routes are shoulders or travel lanes where motorists and bicyclists must respect each other's

State Bike Routes 24, 25, 25A, 27, 112 and 114.

NY 24 State Bike Route (Riverhead to Hampton Bays - 7 miles)

legal rights of a "shared roadway". While the regional corridor system of State bike routes is intended to provide high quality bicycling facilities, it should not be misconstrued that the mere signage or even bike lane delineation will provide complete protection for all bicyclists.

The following state highway corridors have been designated to date as part of the regional system of State Bike Routes. They were chosen for their linkage to key activity centers and facilitation of regional and sub regional travel. Routes in BOLD are Signed State Bicycle Routes a detailed description follows:

Barrens and along Peconic Bay on designated bicycle lanes to as far as Old Riverhead Road, just north of Sunrise Highway. NY 25 State Bike Route (Smithtown to Orient Point - 67 miles) NY 25 State Bike Route begins at the intersection of NY Route 25, NY Route 25A and NY Route 111, a half mile east of the Town of Smithtown central business district and it continues northeast along NY Route 25A and then diverts to local roads in St James, Stony Brook and Setauket, and briefly rejoins NY Route 25A in Setauket. In the Village of Port Jefferson, the State Bike Route leaves NY Route 25A following local roads for six miles before rejoining NY Route 25A

NY 24 State Bike Route begins at the Riverhead Traffic Circle and proceeds east through the Pine

for a third time in Sound Beach. Going east from Sound Beach, NY 25 State Bike Route stays on NY Route 25A following a designated bicycle lane until it merges with NY Route 25 in Calverton. NY 25 State Bike Route stays on NY Route 25 most of the way out to Orient Point except for a section on local roads in Riverhead and Greenport. NY25A State Bike Route (Cold Spring Harbor to Smithtown - 18 miles) NY25A State Bike Route begins at the Cold Spring Harbor LIRR Station, at the intersection of NY Route 108 and Woodbury Road. Most of NY25A State Bike Route through the Town of Huntington is along local roads. Beginning at Kings Park, the bike route continues on NY Route 25A. The four miles along NY Route 25A between Kings Park and the Smithtown Bull are along

designated bike lanes in the shoulder area of NY Route 25A. The eastern terminus of NY25A

State Bike Route is at the intersection of NY Route 25 and NY Route 25A, approximately one mile west of downtown Smithtown. NY 27 State Bike Route (Southampton to Montauk Point - 30 miles) NY 27 State Bike Route follows NY Route 27 beginning at the intersection of CR 39, east of Southampton Village. It continues east along NY Route 27 to the Montauk Point Lighthouse after traversing the communities of Water Mill, Bridgehampton, East Hampton, Amagansett and

NY 112 State Bike Route (Port Jefferson Ferry to Fire Island Ferries, Patchogue - 17 Miles) NY State Bike Route 112 runs 17 miles from Port Jefferson to Patchogue, NY. NY 112 State Bike Route begins at the Port Jefferson ferry and follows local roads to NY 25A. NY State Bike Route 112 proceeds west on NY 25A until it meets NY 112 in Port Jefferson Station. NY State Bike Route 112 proceeds south on NY 112 to Granny Road, NY State Bike Route 112 then utilizes local roads through the Town of Brookhaven and Village of Patchogue until reaching its southern terminus at the Fire Island Ferry terminal for Davis Park in the Village of Patchogue.

NY 114 State Bike Route (Greenport to East Hampton - 15 miles) NY 114 State Bike Route runs 15 miles from Greenport to East Hampton. NY 114 State Bike Route connects to NY 25 State Bike Route at Moores Lane, on the west side of the Village of Greenport. NY 114 State Bike Route is unique. Ferry crossings are required at North Ferry and South Ferry as NY 114 State Bike Route crosses tranquil Shelter Island. NY 114 State Bike Route is located on bike lanes between North Haven to Sag Harbor. At Sag Harbor, NY 114 State Bike Route is on located on local streets through this historic whaling village. The last five miles along NY Route 114 are on designated bike lanes on the wide shoulder of NY Route 114, which continue into East Hampton where it meets NY 27 State Bike Route.

NY 347 Parks to Ports Greenway The New York Route 347 corridor is being transformed into a greenway that separate bicycle and pedestrian paths and several "greenway stops" that provides bicyclists and pedestrians with a place to rest and enjoy the natural environment surrounding the corridor. Improvements on New York Route 347 are enhancing the character of the surrounding communities and encouraging the use of alternative transportation modes, promoting livability and sustainability.

Ocean Parkway Coastal Greenway NYSDOT is developing the Ocean Parkway Coastal Greenway along the Ocean Parkway in the towns of Hempstead, Oyster Bay, Babylon, and Islip to provide a safe facility for non-motorized travel. Ultimately, The first two segments of the 4.3 mile Ocean Parkway Coastal Greenway between Jones Beach State Park and Tobay Beach opened in 2014. An additional 10-mile shared use path between Tobay Beach and Captree State Park is expected to open in 2021.

The project includes enhanced landscaping, educational signs, informational kiosks, benches, and parking for bicycles at Jones Beach, Tobay Beach, Gilgo Beach, Cedar Beach and Captree State Park. Path users will also have access to all beach facilities, including the bay and ocean beaches, restaurants and playgrounds.



Bicycling Safety Guide

* = New York State Bicycle Law

Always Wear a Properly Fitted Helmet

All bicyclists, scooters and in-line skaters under the age of 14 are required to wear an approved bicycle helmet when they are operators or passengers on bicycles and while skating. Any parent or guardian whose child violates this law is subject to a fine of up to \$50. Some local laws require all bicyclists to wear helmets. Regardless of age or ability, everyone should wear a properly fitted helmet certified by the Snell Memorial Foundation or the American National Standards Institute (ANSI) (look for the approved sticker on the inside of the helmet shell). Helmets significantly reduce the risk of sustaining a serious head injury in the event of a crash.

A helmet should fit squarely on the top of the head in a level position and cover the top of the forehead extending down to about one inch above the eyebrows. The helmet should not be able to slide back and forth or rock from side to side.

Share the Road

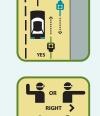
Obey All Traffic Signs and Signals* Bicyclists must obey all local and state Traffic Rules. Bicyclists have the same rights, privileges and duties as other vehicles. Bicycles must be driven like other vehicles if they are to be taken seriously by motorists.

Never Ride Against Traffic*

safe to do so.

Motorists are not looking for bicyclists

riding on the wrong side of the street.



Ride with traffic to avoid accidents. **Use Hand Signals*** Signal all turns and stops ahead of time. Look over your shoulder for any traffic, then make your intended move only when it is

One Person Per Bicvcle* Riding double is only permitted when carrying a child, age one or older, in an approved carrier or when riding on a tandem bicycle.



Beware of Car Doors Be wary of parked cars. Motorists can unexpectedly open doors. Be particularly careful if you see a motorist in the car. Ride a car's door width away.







Use Appropriate Lane Avoid being in a right turn-only lane if you want to go straight through an intersection. Move into the through lane early. In narrow lanes or slow traffic it may be safer to take the whole lane. **Turning Left-2 Options**

Be Careful at Intersections

The majority of accidents happen at

1. AS A PEDESTRIAN: Ride to the far

crosswalk, dismount & walk across.

2. As A BICYCLE Signal your intentions in

advance. Move to the left turning lane,

and complete the turn when it is safe.

Rail Crossing*

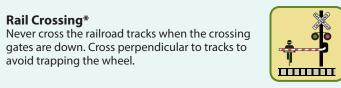
avoid trapping the wheel.

intersections. Proceed with care. Vehicles

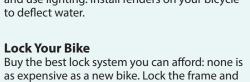
making turns are particularly dangerous.

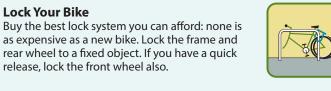


Drainage Grates Carefully avoid riding over drainage grates as they can trap a bicycle wheel.



Wet Weather Avoid riding along slippery pavement markings or near gutter lines. Wear reflective clothing and use lighting. Install fenders on your bicycle





Keep to the Right

Watch for hazardous conditions such as

traffic at intersections; pedestrians have

the right of way. Pedestrians: exercise

bicyclists and skaters.

Shared-Use Path

Be Alert

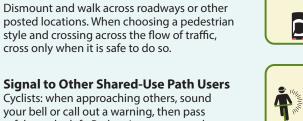
All trail users should keep to the right except when passing or turning left. Move off the path to the right when stopping. Never block a path



poor pavement or surface, fallen tree branches and other debris. Beware of slippery conditions caused by water, ice, loose gravel or sand. NYSDOT does not maintain shared-use paths in winter for snow and ice. **Be Careful at Crossings** Look both ways. Cyclists: yield to through



Stay on the Path Keep on designated paths to protect parks, natural areas and yourself. Riding off the path is dangerous. **Dismount as Posted**



safely on the left. Pedestrians: move to the right when someone is overtaking. **Be Visible** Ensure your visibility at night by wearing light-colored clothing with reflective material. Outfit your bicycle with lights







* = New York State Bicycle Law

and speed rules as per bicyclists. Do not



Map Location/Shared-Use Path/Trailway Information

1 Baldwin Harbor Town Park bicycle/pedestrian Surface: paved Length: 1.25 miles Ownership/Maintenance: Town of Hempstead Contact: Town of Hempstead 3232 Grand Avenue Baldwin, NY 11510 (516) 546-4481

https://hempsteadny.gov/facilities/parks

Belmont Lake State Park to Argyle Lake, Babylon bicycle/pedestrian paved/unpaved Length: 3 miles Vehicle Parking Fee in Season Contact: New York State Parks 625 Belmont Avenue West Babylon, NY 11704 (631) 669-1000 www.parks.ny.gov/parks/88/details.aspx

Bethpage Bikeway, Woodbury to Massapequa bicvcle/pedestrian Surface: paved Length: 13.1 miles Vehicle Parking Fee in Season at Bethpage State Park Ownership/Maintenance: New York State Department of Transportation (Woodbury Road to Linden Street) Contact: New York State Department of Transportation 250 Veterans Memorial Highway Hauppauge, NY 11788

Ownership/Maintenance: Nassau County Parks, Recreation and Museums (Linden Street to Merrick Road) Contact: Nassau County Parks, Recreation and Museums Administrative Building East Meadow, NY 11554 (516) 572-0200

http://www.dot.ny.gov/bethpagebikeway

(631) 952-6108

4 Caumsett State Park, Lloyd Harbor Use: bicycle/ Surface: paved bicvcle/pedestrian Vehicle Parking Fee in Season Ownership/Maintenance: New York State Parks Contact: New York State Parks 25 Lloyd Harbor Rd Lloyd Harbor, NY 11743 (631) 423-1770 https://parks.ny.gov/parks/23

Connetquot Shared-Use Path, Oakdale bicycle/pedestrian Surface: paved Length: 2.5 miles Year Round Vehicle Parking Fee at Connetquot River State Park Preserve Ownership/Maintenance: New York State Dept. of Transportation Contact: New York State Department of Transportation 250 Veterans Memorial Highway Hauppauge, NY 11788

6 Eisenhower County Park, East Meadow bicycle/pedestrian Surface: paved Length: 1.6 miles Ownership/Maintenance: Nassau County Parks, Recreation and Museums Contact: Nassau County Parks, Recreation and Museums Administrative Building Fast Meadow, NY 11554 (516) 572-0200

https://www.nassaucountyny.gov/2797/Eisenhower-Park Heckscher State Park, East Islip bicvcle/pedestrian Status: open Surface: paved Length: 6 miles Vehicle Parking Fee in Season Ownership/Maintenance: New York State Parks Contact: New York State Parks PO Box 160 East Islip, NY 11730 (631) 581-2100

https://parks.ny.gov/parks/8

https://parks.ny.gov/parks/136 **Hempstead Lake State Park** bicycle/pedestrian Status: open Surface: paved Length: 2.4 miles Vehicle Parking Fee in Season

Ownership/Maintenance: New York State Parks Contact: New York State Parks West Hempstead, NY 11552 (516) 766-0129 www.parks.ny.gov/parks/31 Jones Beach State Park Boardwalk and **Shared Use Path**

Surface: wooden boardwalk/paved path Length: Boardwalk 2 miles/Shared Use Path 2.5 miles Bicycling permitted Year Round Ownership/Maintenance: New York State Parks Contact: New York State Parks P.O Box 1000 Wantagh, NY 11793 (516) 785-1600 https://parks.ny.gov/parks/jonesbeach/

Kings Park, NY 11754

(631) 269-1122

10 Kings Park Bike & Hike Trail bicycle/pedestrian Surface: paved Length: 1.4 miles Ownership/Maintenance: Town of Smithtown Contact: Town of Smithtown Parks, Buildings & Grounds 100 Route 25A

Long Beach Boardwalk Use: bicycle/pedestrian Surface: wooden boardwalk Length: 2.2 miles Ownership/Maintenance: City of Long Beach City of Long Beach Parks & Recreation Department 700 Magnolia Boulevard

Long Island Greenbelt Trail (Sunken Meadow State Park to Heckscher State Park)

Long Beach, NY 11561

hiking and walking only (bicycling prohibited) Surface: unpaved Length: 32 miles Ownership/Maintenance: New York State Parks/Suffolk County Contact: Long Island Greenbelt Trail Conference P.O Box 5636 Hauppauge, NY 11788 (631) 360-0753 ligreenbelt@verizon.net http://ligreenbelt.org/index.php

Suffolk County Parks & Recreation

P.O Box 144 Montauk Highway West Sayville, NY 11796 (631) 854-4949 www.suffolkcountyny.gov/Departments/Parks.aspx A hiking permit is required for NYS Parks at Caleb Smith State Park

(631) 581-1005. A year round parking fee is charged at Caleb Smith

State Park and Connetquot River State Park Preserve. Long Island Motor Parkway: Shared Use Path, Westbury

(631) 265-1054 and Connetquot River State Park Preserve

bicycle/pedestrian Surface: paved Length: 2.4 miles Ownership/Maintenance: Nassau County Parks and Recreation Contact: Nassau County Parks and Recreation 1194 Prospect Avenue Westbury, NY 11590 (516) 571-6956 www.nassaucountyny.gov/2893/ Motor-Parkway-Trail-Program

Nassau Expressway Shared Use Path, Inwood bicycle/pedestri Surface: paved Length: 2.1 miles Ownership/Maintenance: New York State Department of Transportation Contact: New York State Department of Transportation 250 Veterans Memorial Highway Hauppauge, NY 11788 (631) 952-6128

www.dot.ny.gov/display/programs/bicycle/maps Nassau Hub Pathways, East Meadow & Uniondale bicycle/pedestrian Surface: paved Length: 8.5 miles Ownership/Maintenance: Nassau County Parks and Recreation Contact: Nassau County Parks and Recreation 1194 Prospect Avenue Westbury, NY 11590

www.nassauhub.com/ Nassau-Suffolk Greenbelt Trail Cold Spring Harbor State Park to Massapequa Preserve

(516) 571-6956

hiking and walking only (bicycling prohibited) Surface: unpaved Vehicle Parking Fee In Season at Bethpage State Park Ownership: New York State Parks/Nassau County Parks Maintenance: Long Island Greenbelt Trail Conference Contact: Long Island Greenbelt Trail Conference P.O Box 5636 Hauppauge, NY 11788 (631) 360-0753 www.ligreenbelt.org

NY 347 Parks to Ports Greenway Hauppauge to Nesconset bicycle/pedestrian Surface: paved

Length: 4.6 miles Ownership/Maintenance: New York State Department of Transportation Contact: New York State Department of Transportation 250 Veterans Memorial Highway Hauppauge, NY 11788 (631) 952-6128 www.dot.ny.gov/regional-offices/region10/projects/ny-347/news

Ocean Parkway Coastal Greenway Jones Beach State Park to Tobay Beach Use: bicycle/pedestrian

Surface: paved Length: 4.3 miles Ownership/Maintenance: New York State Department of **Fransportation** Contact: New York State Department of Transportation 250 Veterans Memorial Highway Hauppauge, NY 11788 (631) 952-6128 https://www.dot.ny.gov/oppath

19 Paumanok Path (NY Route 25A at Rocky Point to Montauk Point State Park hiking and walking only (bicycling prohibited) Length: 125 miles Ownership: New York State DEC/Suffolk County Parks/ Towns of Southampton and East Hampton Maintenance: Long Island Greenbelt Trail Conference, Southampton Trails

Preservation Society, East Hampton Trails Preservation

Contact: Long Island Greenbelt Trail Conference (west of Shinnecock Canal) P.O Box 5636 Hauppauge, NY 11788 (631) 360-0753 www.ligreenbelt.org Southampton Trails Preservation Society (east of

Shinnecock Canal-Southampton) P. O Box 1171 Bridgehampton, NY 11932 (631) 537-5202 http://southamptontrails.org/ East Hampton Trails Preservation Society (Town of P. O Box 2144 Amagansett, NY 11930

A hiking permit required for NYSDEC properties at Rocky Point Conservation Area and David A. Sarnoff Preserve

http://www.ehtps.org/

Seamans Neck Park, Seaford bicvcle/pedestrian Surface: paved Length: 1.5 miles Ownership/Maintenance: Town of Hempstead Contact: Town of Hempstead 2700 S. Seamens Neck Road Seaford, NY 11783 (516) 783-3200 https://hempsteadny.gov/facilities/parks

21 Setauket-Port Jefferson Greenway bicycle/pedestrian Surface: paved Length: 3.3 miles Ownership: New York State Department of Transportation Maintenance: Friends of the Greenway Contact: https://www.threevillagecommunitytrust.rog/greenway Friends of the Greenway Three Village Community Trust, Inc. 148 Main Street

Setauket, NY 11733 www.threevillagecommunitytrust.org/greenway

State University of New York at Stony Brook -Paul Simons Memorial Bike Path bicycle/pedestrian Length: 4.7 miles Ownership/Maintenance: State University of New York at Stony Brook Contact: Office of Sustainability State University of New York at Stony Brook Stony Brook, NY 11794 (631) 632-6219 www.stonybrook.edu/commcms/ transportation-and-parking/transportation/

bicycling/index.php 23 Sunken Meadow State Park bicycle/pedestrian

Bicycling permitted from: May 15 – Sept 15 (6 am to 9 am only) Sept 16 – May 14 (sunrise to sunset) Ride slow- 5 m.p.h is posted speed on boardwalk Surface: paved/wooden boardwalk Length: 0.75 mile boardwalk Vehicle Parking Fee in Season Ownership/Maintenance: New York State Parks Contact: New York State Parks P.O Box 716

Kings Park, NY 11754

https://parks.ny.gov/parks/37/

(631) 269-4333

Rt 25A and Sunken Meadow State Parkway

Valley Stream State Park bicycle/pedestrian Length: 2 miles Ownership/Maintenance: New York State Parks Contact: New York State Parks P.O Box 670 Valley Stream, NY 11580 (516) 825-4128

> https://parks.ny.gov/parks/159 **A.J Hendrickson Park** Village of Valley Stream 123 South Central Avenue Valley Stream, NY 11580 (516) 825-4200 https://www.vsvny.org

Vietnam Veterans Memorial Path, Calverton bicycle/pedestrian Surface: paved Length: 9.2 miles Ownership/Maintenance: Town of Riverhead Contact: Riverhead Town Hall 200 Howell Avenue Riverhead, NY 11542

(631) 727-3200 http://riverhead.municipalcms.com/files/ documents/document957093447040819.pdf Walt Whitman Trail hiking/equestrian (bicycling prohibited) / Surface: unpaved Length: 2.5 miles Ownership/Maintenance: Suffolk County Parks

Contact: Suffolk County Parks & Recreation P.O Box 144 Montauk Highway West Sayville, NY 11796 (631) 854-4949 www.suffolkcountyny.gov/Departments/ Parks/Our-Parks/West-Hills-County-Park

Wantagh County Park

Use: bicvcle/pedestrian Surface: paved Length: 2 miles Ownership/Maintenance: Nassau County Parks, Recreation and Museums Contact: Nassau County Parks, Recreation and Museums 1 Kings Road Wantagh, NY 11793

(516) 571-7460 www.nassaucountyny.gov/2805/Wantagh-Park 28 Wantagh State Parkway Shared-Use Path "Ellen Ferrant Memorial Bikeway" (Cedar **Creek County Park to Jones Beach State Park)**

bicycle/pedestrian Surface: paved Length: 5 miles Vehicle Parking Fee In Season at Jones Beach State Park Ownership/Maintenance: New York State Department of Transportation Contact: New York State Department of Transportation

250 Veterans Memorial Highway Hauppauge, NY 11788 (631) 952-6108 https://www.dot.ny.gov/modal/bike 29 West Meadow Beach Shared-Use Path 🖍

(Trustees Road) bicycle/pedestrian Surface: paved Length: 1.2 miles Vehicle Parking Fee In Season Ownership/Maintenance: Town of Brookhaven Contact: Town of Brookhaven Parks & Recreation Department 286 Hawkins Road Centereach, NY 11720 (631) 451-8696 https://www.brookhavenny.gov/300/West-Meadow-Beach

Long Island Mountain Biking Trails Bethpage State Park, Calverton Mountain Bike Trail*, Cathedral Pines, Eastport*, Edgewood Preserve*, Glacier Ridge, Otis Pike*, Rocky Point*, Stillwell Woods Preserve, Trailview

State Park Mountain biking is not permitted at Rocky Point, Otis Pike Preserve and Eastport from November 1 thru January 31 or as posted.

Use: Mountain biking

mountain biking as noted by *

Status: open Maintenance: Concerned Long Island Mountain Bicyclists Contact: www.climbonline.org email@climbonline.org

NYSDEC Permit Required at Parks for hiking and

Ferries

Block Island, RI **Block Island Express**

Viking Fleet Ferry

Fishers Island Ferry

Orient Point to Block Island, RI via New London, CT (seasonal service) 1-855-BLOCK ISLAND (1-855-256-2547) or www.goblockisland.com/Common/Help.aspx?page=Specials

Seasonal service to Block Island, RI and New London, CT

(631) 668-5700 or www.vikingfleet.com

Cross Sound Ferry Services, Inc

(631) 323-2525 or www.longislandferry.com

local bike shops on Fire Island offer rentals.

Connecticut The Bridgeport & Port Jefferson Steamboat Co. Year-round service from Port Jefferson to Bridgeport, CT (888) 443-3779 or https://www.88844ferry.com

Year-round service from Orient Point to New London, CT

(631) 788-7744 9 am – 1 pm. (860) 442-0165 8 am – 4 pm.

Email: info@fiferry.com Bicycling on Fire Island Bicycling is permitted in most Fire Island communities but may be restricted during the summer season between the Memorial Day and Labor Day Weekends. Several

by freight boat. Contact Fire Island Ferries at (631) 665-3600 or visit

Please check the Fire Island National Seashore for further information:

www.nps.gov/fiis/planyourvisit/bicyclinginformation.htm

http://www.fireislandferries.com Neither bicycles or pedestrians are permitted on the Robert Moses Causeway. Bike riding is not permitted on Robert Moses State Park roadways.

Bicycles are not permitted on Fire Island ferries. Bicycle must be shipped separately

Shelter Island North Ferry Co. Inc.

(631) 749-0139 or www.northferry.com The South Ferry Company, Inc. (631) 749-1200 or www.southferry.com

Please contact ferry companies for updated fare and schedule information.

*Bicycles are permitted on all ferries listed above.

Transit Information

locker rentals.

Call 511 or visit www.511ny.org

release, lock the front wheel also.

Specific information regarding transit-related bicycling/pedestrian arrangements may be obtained from: 511NY Rideshare Contact 511NY Rideshare for information on transit, ridesharing and bicycle

Call 1-800-USA-RAIL www.amtrak.com/bring-your-bicycle-onboard **Adirondack Trailways** 1-800-776-7548 or www.trailways.com City of Long Beach Transit

Long Beach Transit buses are equipped with bike racks.

(516) 431-4445 or www.longbeachny.org

1-800 231-2222 or www.greyhound.com/express/FAQs.aspx Hampton Jitney (631) 283-4600 or www.hamptonjitney.com/

(Bikes allowed \$15 fee. Bikes must be stowed under the coach in the luggage bay) Huntington Area Rapid Transit (HART) (631) HART-BUS

Long Island Rail Road (LIRR)

Nassau Inter County Express (NICE)

Suffolk County Transit (SCT)

(631) 852-5200 or www.sct-bus.org/

Call 511 (Sav "LIRR" at anytime) www.mta.info/lirr/about/Bicycles Call Nassau: (516) 822-LIRR or (631) 822-5477 Suffolk: (631) 231-LIRR or (631) 231-5477 Bike permits are permitted on off peak LIRR trains with purchase of a \$5 lifetime bike permit. A bike permit application is available at www.mta.info/lirr/about/Bicycles/BicyclePermit.htm, or at any open LIRR ticket office. Consult the LIRR Bicycle Permit Regulations or the current LIRR timetable for restrictions.

Folding bicycles are permitted at all times. Please fold your bike before boarding and don't block the doors or aisle. All other bicycles are prohibited. (516) 336-6600 or www.nicebus.com New York City Subway Bicycles are permitted on the subway. Go to www.mta.info/nyct/safety/bike/ for further information.

Suffolk County Transit buses are equipped with bike racks.

Bicycling Clubs and Related Web Sites Association of Pedestrian and Bicycle Professionals www.apbp.org Bicycle Long Island: www.bicyclelongisland.org • C.L.I.M.B - Concerned Long Island Mountain Bicyclists:

Bicycle/Trail Resources

www.climbonline.org • Huntington Bicycle Club: www.huntingtonbicycleclub.org • League of American Bicyclists: www.bikeleague.org • Long Island Bicycle Club: www.bicyclelongisland.org/libc • Massapequa Park Bicycle Club: www.massparkbikeclub.org • National Center for Bicycling and Walking: www.bikewalk.org New York Bicycling Coalition: www.nybc.net • Parks and Trails New York: www.ptny.org

• Suffolk Bicycle Riders Association: www.sbraweb.org

Department of Motor Vehicles 6 Empire State Plaza, Room 414 Albany, NY 12228 (518) 474-5111 or safeny.ny.gov **Hiking Clubs**

Governors Traffic Safety Committee

• Southampton Trails Preservation Society: www.southamptontrails.org I LOVE NY TOURISM INFORMATION Provides general tourism resources statewide, including the I Love NY Travel guide, events, parks and camping information. Call 1-800-CALL NYS or visit www.iloveny.com **Long Island Greenbelt Trail Conference** Provides information on the Long Island Greenbelt Trail, Nassau-Suffolk

Adirondack Mountain Club, Long Island Chapter: www.adkli.org

• Easthampton Trails Preservation Society: www.ehtps.org

• Nassau Hiking & Outdoor Club: www.nassauhiking.org

• Sierra Club, Long Island Group: https://www.lisierraclub.org

Long Island Trail Lovers Coalition: www.litlc.org

Greenbelt Trail and the Paumanok Path.

P.O Box 5636

Hauppauge, NY 11788

ligreenbelt.org/index.php

(631) 360-0753 or

Nassau County Department of Parks, Recreation and Museums (516) 572-0200 or www.nassaucountyny.gov/ agencies/Parks/

Transportation Coordinating Committee (N/S TCC) Provides information on bicycle and pedestrian planning, projects and funding opportunities. (631) 952-6115

Nassau/Suffolk

Transportation Council (NYMTC) Covers New York City, Nassau, Suffolk, Westchester, Putnam and Rockland Counties. NYMTC determines transportation projects to be funded with federal monies.

New York Metropolitan

Information on bicycle and pedestrian planning, projects and funding opportunities. 25 Beaver Street, #201 New York, NY 10004 (212) 383-7200 www.nymtc.org | email: nymtc-web@dot.ny.gov

www.dot.ny.gov/modal/bike

New York State Department of Environmental Conservation (NYSDEC), Region 1 Provides state land access permits required for hiking trails. Information on hiking, and mountain biking, on Long Island, the environment and camping can be found at www.dec.ny.gov. SUNY Stony Brook

Ogden Brook Trail

Oyster Pond

Paumanok Path West

Money Pond Trail

50 Circle Drive Stony Brook, NY 11790-3409 (631) 444-0200 **New York State Department of Transportation Bicycle Website** Provides information on bicycling resources throughout New York

New York State Department of Transportation Pedestrian Website Provides information on pedestrian resources throughout

New York State. www.dot.ny.gov/modal/pedestrian New York State Department of Transportation, Region 10 Plans and implements bicycle & pedestrian projects on the State transportation system on Long Island.

Perry B. Duryea Jr. State Office Building

(631) 669-1000 or visit https://parks.ny.gov/

http://newyorkstateparks.reserveamerica.com

250 Veterans Memorial Highway

reservations and info, or visit

Hauppauge, NY 11788

Call (631) 952-6108 **New York State Office of Parks Recreation and Historic Preservation (OPRHR)** Provides information on parks, camping, biking, hiking and events.

Suffolk County Department of Parks, Recreation (631) 854-4949 or www.suffolkcountyny.gov/Departments/Parks.aspx

Camping in New York State - Call 1-800-456-2267 for camping

Use of this Map

his map is provided for information purposes only and is not a representation as to safety or the appropriateness of the facilities for use by bicyclists and pedestrians. The mapped ike routes, bike lanes, shared-use paths and trailways are not a guarantee of safety. ese bike routes, bike lanes, shared-use paths and trailways have not been rated or field

ested by the New York State Department of Transportation (NYSDOT). compilation and distribution of this map, the NYSDOT and all political subdivisions and

gencies of the State of New York or its assignees assume no responsibility of any nature or damages or injury to persons or property arising out of or resulting from travel on any ike routes, bike lanes, shared-use paths and trailways displayed herein, and accordingly isclaim any and all liability on its part of such damages or injuries should they occur. This information has been based on information at time of printing only, and does not eflect any future changes that may occur

Long Island **Bikeways & Trailways**

