

Bike Safety Tips



Be predictable by signaling lane changes and turns to let other roadway users know where you are going.

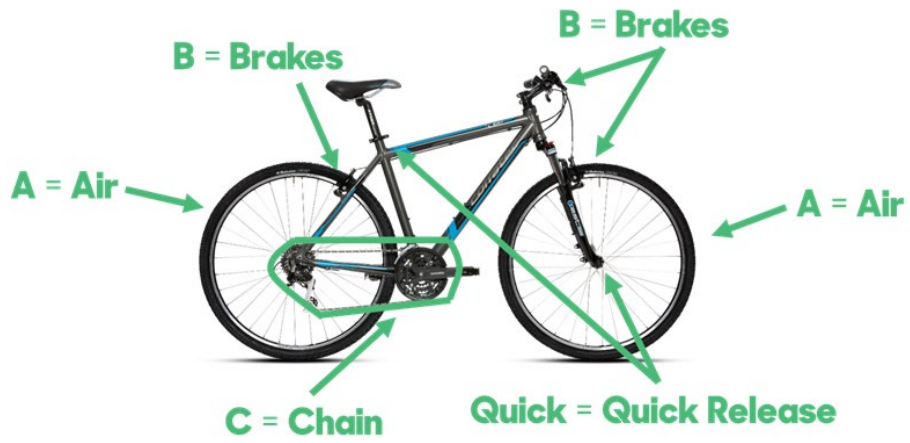
Ride your bike as if you are driving a car, and obey traffic laws.



Helmets are not required by law but will dramatically reduce your risk of traumatic brain injury in the event of a crash.



Do ABC Quick check before you ride



When riding after dusk, be sure to stay visible by using a white light in the front and a red light in the rear.